

Puyallup Falcons Ladder Challenge Procedures:

We will follow the below procedure

The current "pecking order" has been set by the coaching staff as a whole and is based on 5 factors

1. Wrestle-Off Results
2. Current season attendance
3. Current season Performance (at practice and in competition)
4. Skill level shown at practice and in competition
5. Past Experience

We will have stated "Challenge Nights" listed on the Calendar. CHALLENGES WILL OCCUR ON THESE NIGHTS ONLY and will begin at 6:15pm for 8U and 7:15 for 9O starting with the lowest weight class. On these nights, any exhibition wrestler (non-ranked) may challenge the #2 wrestler at the weight that they are currently assigned to.

If there is more than one challenge in the same weight group, there will be a wrestle off between the wrestlers that are wanting to challenge the #2 wrestler. This will be a single match. Three 1 minute rounds (or to a pin). The winner of this match, will have the opportunity to wrestle the #2 wrestler for their spot after a "period of reasonable rest".

The challenging wrestler will wrestle the #2 wrestler in three 1 minute rounds (or to a pin). If the challenging wrestler wins, they will wrestle a second match with "reasonable rest" on the same night. If the challenging wrestler loses, they will have to wait until the next "Challenge night" to try again. If the challenging wrestler wins a second time, they are now the #2 wrestler. If the challenging wrestler loses then they will have to wait until the next "Challenge night".

Once a challenging wrestler has lost to a higher ranked wrestler twice, they will not be granted another challenge opportunity.

We will begin the challenge night with the lowest ranked challenge. If the #2 want to challenge up, their match will be after all lower ranked challenges have been wrestled.

If a wrestler is holding a Varsity spot, they are required to be in attendance and at or under weight at the Duals. An alternate wrestler may be expected to be at this event as well in the event that a Varsity wrestler is not there or does not make weight, or for the coaches to use in a specific scenario

Varsity and JV wrestlers are required to attend, at minimum 2 practices per week and must be in attendance on stated challenge nights or risk forfeit of their spot.

Challenges will be requested online, via the "challenge request" page only and must be submitted by **5:00pm** on the "Challenge Night".

The coaching staff has the right to alter the Varsity/JV lineups in an effort to field the most competitive duel team.

Challenging for a Varsity/JV spot is not for everyone and not a requirement of the team. If your wrestler is not ready for the commitment that comes with the position, there are still many opportunities for matches. Our full team (regardless of pecking order) will compete at Holiday. We will also send two wrestlers per weight class to the post-season. The Exhibition wrestlers will compete at Rising Star to complete their competition season. If you have questions regarding the Challenge procedures, please ask Coach Steve.